

Wisdom at Work Workshops

A SERIES OF FREE WORKSHOPS
TO MAKE YOUR WORK LIFE MORE SATISFYING

TUESDAYS IN FEBRUARY
12–1pm, Rines Auditorium, Portland Public Library
5 Monument Square, Portland

Facilitated by local experts:

February 7th

The Psychology of the Sale

Learn the latest strategies for selling your ideas, your products, and yourself—no matter what obstacles stand in your way.

Jill Wheaton, MA, President, Begin Doing

www.begindoing.com

February 14th

The Fine Art of Working Smart

Discover strategies for doing more in less time—without sacrificing quality.

Amy Wood, Psy.D., Success Strategist

www.amywoodpsyd.com

February 21st

How to Make a Successful Career Transition

Learn the “magic” equation to determining a new career direction and effective strategies to land the job you’re aiming for.

Barbara Babkirk, Founder, Heart at Work Career Counseling

www.barbarababkirk.com

February 28th

Mastering the Beliefs that Drive Your Financial Life

Uncover the counterproductive money beliefs creating stress in your work life, and learn more productive and prosperous ways of thinking about money.

Amy Wood, Psy.D., Success Strategist

www.amywoodpsyd.com

FREE AND OPEN TO THE PUBLIC



WISDOM AT WORK is a free series of lunchtime professional development workshops designed to help people be happier and more productive in the world of work. Facilitated by local experts ranging from human resource specialists to peak performance coaches, Wisdom at Work workshops attract professionals from every field, job seekers, students, and entrepreneurs.

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